Christus Santa Rosa & Children's Hospital of San Antonio
Protocol for Blood/Body Fluid (BBF) Exposures
Physician/Non-Associate Health Care Workers (HCW)

During Regular Business Hours (M-F 7:30am-4:00pm): Report to Associate Health
After Hours & Weekend: Report to the Nursing House Supervisor

Physician/Non-Associate HCW incurs a needle stick or other BBF exposure

- Report exposure immediately
- Source testing should be STAT
- PEP is recommended within 1-2 hours for positive exposures to HIV

- A member of the nursing staff must assist the Physician/Non-Associate HCW with the report of injury into VigiLanz *Non-patient notification.*
- The Physician/Non-Associate HCW must also complete the written BBF Exposure Report—Non-Associates and submit it to Associate Health so that results may be promptly relayed

Is the source of exposure known?

YES

CSR will perform lab work on the source only. The Associate Health Office staff or the House Supervisor must complete the lab authorization form. Source testing includes HIV, Hep B

NO

- The Physician/Non-Associate HCW should contact employer or school for guidance
- If the Physician/Non-Associate HCW requests initial prophylaxis, he/she will be referred to the Emergency Department for a medical evaluation and initial 3 day prophylaxis treatment as determined by the Physician

If Prophylaxis treatment is recommended, the exposed individual must take the prescription to the hospital pharmacy

Is the Rapid HIV result negative?

YES

The Physician/Non-Associate HCW should follow up with his/her employer or school for further testing

NO

If source is a known positive and/ or the Rapid HIV results positive, physician/student should be referred to Emergency Department (at their expense) for medical evaluation and initial 3 day prophylaxis treatment if necessary

If Prophylaxis treatment is recommended, the exposed individual must take the prescription to the hospital pharmacy

*** Note to Nursing House Supervisor - All of the forms/ reports should be immediately faxed to the appropriate Associate Health Office (see fax # below)**

***Physicians/Non-Associate HCWs should report all exposures to their employer and/or school in addition to CSR.**

Contact Information

Santa Rosa/NB	Michelle Gomez Occupational Health Rep	Phone: 830-606-9111 X 63777 Fax: 830-643-5168
CH & AH	Dina Guillen, RN Health Nurse	Phone: 210-704-2437 Fax: 210-704-3633
CH	Beth Pinedo, RN Health Nurse	Phone:210-704-3317 Fax: 210-704-3633
MC	Thomas Murph, MSN RN Health Nurse	Phone: 210-705-5646 Fax: 210-705-5735
WH	Tisha Aceves, RN Health Nurse	Phone: 210-703-8583 Fax: 210-703-8576
SM	Donna Donica, LVN Health Nurse	Phone 512-753-3711 Fax: 512-753-3613
South Texas	Gay Helmly, RN Associate Health Director	Phone: 830-606-9111,X 3198 Fax: 830-643-5168

Physicians will be contacted by a member of the Associate Health staff or the Nursing Supervisor with the results of the lab work.